

Private Ceremony packages

A private ceremony can be booked for one person or a small group of max 5 participants. We always work with at least 2 guides, myself (Merel) and another experienced guide, also when there is only 1 participant.

More than 5 participants

To offer the quality that we want to bring in a private ceremony, with 2 guides we welcome max 5 participants. If your group is bigger than that, a third guide will be included and fees adjusted.

Fees exclude:

- 21% BTW (tax)
- Travel costs
- Location rent, if applicable
- Food, if applicable

Location

A private ceremony can take place in your home if your space is suitable for us to work in. However, oftentimes a different location than your home supports disconnecting from your habits and opening up to new possibilities within yourself.

We are familiar with several suited locations for a private ceremony, located in a natural or quiet environment. You can spend the night at the location after the ceremony. Let us know if you are interested in renting a location.

Safe and beneficial participation

Your safety is our highest priority. Before the intake call, we will ask you to fill out an intake form, in which we check for contra-indications. We will only offer the ceremony when we know it is safe for you.

In our intake call we assess, together with you, whether you will benefit from having a truffle experience. If we think that having a truffle experience may not be in your best interest (at this time), we may advise you to engage with other kinds of inner work first, before joining a ceremony.

Package 1: Core Guidance

- personal intake call
 - talking about the personal themes and inner work that you bring into the ceremony, and offering personal suggestions for preparatory practices. *One on one*
- informative call: practicalities & preparation, one week before the ceremony. *With all participants together.*
- private ceremony with 2 guides
 - If at home: preparing the space with you
 - Body & breathwork
 - Truffle ceremony
 - Time for landing & dinner
- Check-in call, the day after the ceremony. *With all participants together.*
- 1 integration call, one week after the ceremony. *With all participants together.*

Fees Core Guidance

1 person: 750 euro

+250 euro per extra person (max 5)

Package 2: Deep Guidance

- personal intake call
 - talking about the personal themes and inner work that you bring into the ceremony, and offering personal suggestions for preparatory practices. *One on one*
- informative call: practicalities & preparation, one week before the ceremony. *With all participants together*
- personal preparation session, close to the ceremony date.

- Working with your personal themes, using processes based on Nonviolent Communication (NVC), Internal Family Systems (IFS) and the Polyvagal Theory.
- private ceremony with 2 guides
 - If at home: preparing the space with you
 - Body & breathwork
 - Truffle ceremony
 - Time for landing & dinner
- check-in call, the day after the ceremony. *With all participants together*
- an integration call, one week after the ceremony. *With all participants together*
- personal integration session, two weeks after the ceremony.
 - Working with your personal themes, using processes based on NVC, IFS and the Polyvagal Theory. *One on one*
- personal integration session, four weeks after the ceremony.
 - Working with your personal themes, using processes based on NVC, IFS and the Polyvagal Theory. *One on one*

Fees Deep Guidance

1 person: 1050

+ 350 per extra person (max 5)

Package 3: Transformative Track

The transformative track contains 3 ceremonies over a period of 3 to 5 months. In addition to the personal intake, informative call and personal preparation session before the first ceremony, it includes two personal coaching sessions in between ceremonies. In each personal session we work with the themes relevant to your life, using processes and practices based on NVC, IFS and Polyvagal Theory.

- personal intake call

- informative call
- personal preparation session
- 1st private ceremony with 2 guides
- check-in call, the day after the ceremony
- *integration session with all participants**
- personal integration session
- personal preparation session
- 2nd private ceremony with 2 guides
- check-in call, the day after the ceremony
- *integration session with all participants**
- personal integration session
- personal preparation session
- 3rd private ceremony with 2 guides
- check-in call, the day after the ceremony
- *integration session with all participants**
- personal integration session
- personal closing session

Fees Transformative Track

1 person: 3250 euro

+ 1050 per extra person (max 5)

**only in case of multiple participants*